



Storybook

OUR FAMILIES, OUR DONORS



Hemophilia is a lifelong condition that affects the whole family. For the Perez family, Coastal Kids has been a true partner on their journey with their two boys. When they were infants' nurses came to the house to help manage their care and now as they approach adolescence their Coastal Kids team is teaching them to manage their own treatment. "We support many children's health organizations, but none is closer to our heart than Coastal Kids. They truly feel like part of our family." – Selena Perez



The Pappageorgas family has known Coastal Kids Home Care for the past 15 years. Their two (now adult) children have Cystic Fibrosis. "I can honestly say that Coastal Kids has always been there when we needed them, regardless of what our insurance was. Our family is so grateful to have a local organization that offers excellent in-home care for our children. We are honored to support their services, and we were thrilled to present Executive Director, Margy Mayfield, with an award this fall". – Lori Pappageorgas

Finding Matthew's Smile

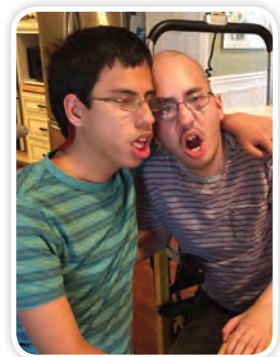


When Matthew Fabre was diagnosed with leukemia on his eighteenth birthday, his grandparents were in shock. Their grandson had already overcome so many challenges in his life, how could he have cancer too?

Matthew and his twin brother Jonathan both have Myotonic Dystrophy, a degenerative muscle condition that affects their strength, mobility and has led to developmental delays. Although their mother has a milder form of the condition, she also has significant medical needs. Thus, Matthew's grandparents care for all three in their San Jose home. "It's intense as grandparents to take care of them, it has taken over our lives," says his grandmother Cecelia.

After his leukemia diagnosis, Matthew was hospitalized for more than five months and suffered debilitating side effects from the intense chemotherapy. When he returned home, his medical needs overwhelmed his aging grandparents who were already caring for his mother and brother. With the help of Coastal Kids new shift-care program, his family now has Luis, a Certified Nursing Assistant, to help with the heavy lifting. Luis assists Matthew with bathing, toileting, feeding and daily exercise. At last, Matthew is beginning to smile again.

"We can't thank (you) enough. It was so hard to get the timing down for everything Matthew needed while also being on top of all his medical equipment." With the help of Luis, Cecilia and her husband are now able to balance the needs of their whole family. "Our hope is that Matthew beats his leukemia...and regains his strength from the chemo treatments. Matthew is one of the happiest boys you will ever meet."



OUR MISSION

Coastal Kids Home Care improves the quality of life for children healing from injury or short-term illness, coping with chronic conditions or developmental delays, and those facing the end-of-life. Our staff provides in-home nursing, specialized therapies, social services and bereavement counseling to support the whole family.



**COASTAL KIDS
HOME CARE**

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BRINGING PEACE OF MIND

Javier is cute as a button. He has reddish hair and a sweet smile. At first glance you would not guess how many obstacles he has already overcome. At birth he was diagnosed with Kabuki syndrome, a rare genetic disorder. Just two months later, he underwent heart surgery. Javier spent most of the next four months hospitalized – once barely surviving a tough bout with pneumonia.

During this period, Javier's medical care put a huge financial and emotional strain on the family, "we had double the expenses and half the income so it was very stressful," his mom Athena shared. His four-year-old sister suffered too, missing her mom who was away caring for her little brother in the hospital.

When Javier finally came home, his family tried to accommodate his extensive care needs. However, with his round-the-clock g-tube feeds and frequent respiratory treatments – nobody was getting



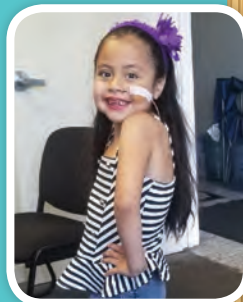
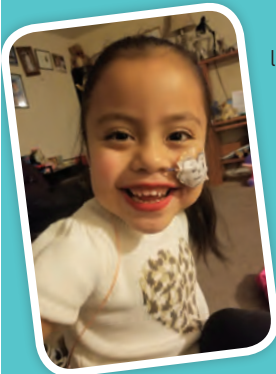
any sleep and his parents were soon exhausted. Their doctors recognized that they needed help and suggested Coastal Kids. Soon, Javier began receiving weekly palliative care nursing visits. According to Athena, "It's been the best thing for him since he's been home." More recently, Coastal Kids placed Elena, a CNA, in their home to care for Javier. She helps with his g-tube feeds and facilitates movement and other developmental activities while Athena is at work.

With time, Javier is gaining strength and he no longer requires oxygen. With fewer g-tube feeds and increased mobility his quality of life – and that of his family - is vastly improved. His mom is positive about his future too, "Kabuki Syndrome is a spectrum, so it's hard to know exactly how he'll be affected, but I have lot of hope that he's going to walk and talk one day and eat by mouth."

BUILDING RESILIENCE THROUGH ART

Shortly after Ashley was born, her parents learned that she had poor kidney function. Her situation was so severe that her doctors worried that she may fall into a coma. Beautiful Ashley proved them all wrong. Today she is a bright, happy six-year-old who, after a successful kidney transplant, is well on her way to a healthy future.

Art Therapy has helped Ashley to work through the pain and frustration of her condition. During her weekly sessions, Ashley enjoys making colorful, glittery paintings. For a little girl who has undergone multiple complex surgeries – the opportunity to just be her creative, sweet self has proven a wonderful gift. As her health improves, Ashley's mom is hopeful that soon she will not require a naso-gastric tube anymore and that frequent doctors' appointments will be a thing of the past. Soon, she may no longer need art therapy either, but she will already have wonderful, creative ways to cope with future challenges.



COMMUNITIES CARING FOR KIDS

FROM SALINAS TO SAN JOSE AND CARMEL TO SANTA CRUZ – COMMUNITIES COME TOGETHER FOR SICK KIDS

Touch-A-Truck, September brought 40 trucks, 20 vendors, 4 music groups, 1 helicopter and 1200 kids and kids-at-heart together to raise \$40,000 for our pediatric patients throughout the Central Coast.

Hockey Fights Cancer, November 1st and 3rd Coastal Kids benefited from the San Jose Sharks, 50/50 raffle. With the help of our Board, staff and volunteers we raised almost \$16,000 for kids in Santa Clara and San Benito Counties.

Winter Wishes, throughout December our partner Angel Warriors for Kids, a Santa Cruz organization, and other local foundations and businesses will be fulfilling the holiday wishes of our Coastal Kids families.

Rio Resolution Run, January 1, 2019 we will strap on our running shoes and hit the road for a 5K and 10K in Carmel. We are thrilled to once again benefit from this storied Carmel race. Come out and join us on the course!

Stay tuned for more events in 2019!
Check out our new website –
www.coastalkidshomecare.org and follow us on

